

# First Aid At Work

## Objectives

To ensure Companies meet all requirements of the First Aid at Work Regulations 2009.

To ensure delegates have a full understanding of the basic principles to be carried out in the event of an accident in the workplace.

## Who for

All levels of personnel within all industries, who have been nominated for first aid duties.

## Course Content

- The role of the first aider
- Basic hygiene in first aid procedures
- Recovery position
- Burns and scalds
- Circulatory system
- Eye injuries
- Shock
- Types of Injury
- First Aid Kits
- Record Keeping
- Wounds and bleeding

## Training Method

The method of assessment will be by multiple choice questions at the end of the course as well as a practical exam in order to put into practice the techniques you have learned during the course.

## Additional Information

This course meets the criteria for CITB grants. The UTN administration team will give full support for the application of this grant.

For course bookings call 01924 377379

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